**Sample agenda**

**Level 3 Child Protection Case Management – Family Strengthening training**

Please insert the dates and timing in your agenda Include sufficient breaks (tea break, lunch break, energizers, etc.) to maintain focus.

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| **MODULE 1: FAMILY STRENGTHENING IN CASE MANAGEMENT** | | ***Duration: 6 hours*** |
| 1  **1** | Course and module opening | *45 minutes* |
| 2 | Definitions and key concepts | *1 hour 30 minutes* |
| 3 | Adopting a family strengthening approach | *1 hour 45 minutes* |
| 4 | Family dynamics, gender and the role of social norms and practices | *1 hour 45 minutes* |
| 5 | Module closing | *15 minutes* |

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| **MODULE 2: WORKING WITH FAMILIES THROUGH THE CASE MANAGEMENT PROCESS** | | ***Duration: 4 hours 45 minutes*** |
| 1  **2** | Module opening | *15 minutes* |
| 2 | Engaging families and caregivers in case management | *1 hour 30 minutes* |
| 3 | Family strengthening throughout the case management process | *1 hour 15 minutes* |
| 4 | Family separation and family strengthening | *1 hour 30 minutes* |
| 5 | Module closing | *15 minutes* |

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| **MODULE 3: TOOLS AND TECHNIQUES TO SUPPORT CAREGIVERS AND FAMILIES** | | ***Duration: 11 hours 45 minutes*** |
| 1  **3** | Module opening | *15 minutes* |
| 2 | Supporting caregiver attachment and bonding with young children | *1 hour 30 minutes* |
| 3 | Building positive relationships with children | *2 hours* |
| 4 | Building parent’s/caregiver’s emotional and empathetic communication skills | *1 hour* |
| 5 | Creating a predictable and secure environment through family rules and routines | *1 hour 30 minutes* |
| 6 | Non-violent discipline strategies for caregivers | *1 hour 10 minutes* |
| 7 | Strengthening social support networks | *1 hour* |
| 8 | Basic money management tools | *1 hour 30 minutes* |
| 9 | Self-care and relaxation techniques to support caregivers | *1 hour 20 minutes* |
| 10 | Module and course closing | *30 minutes* |